



Brattleboro Academy

September 2010

A Division of Café Services

Farm Fresh Focus
 This month we are Featuring
Local Sweet Corn School Tasting Sept 2nd
 Farm Fresh Milk Is Served With All Meals
Farm to School Soup of the month

Homemade Veggie Soup 9/30

Farm to School Taste Test is Tuesday 9/21 & on the menu 9/23

Monday 8/30/10	Tuesday 8/31/10	Wednesday 9/1/10	Thursday 9/2/10	Friday 9/3/10
Also offering Westminster Organics Lettuce in our Salads	Fiesta Ole` Chicken Fajitas w/ Sautéed Local Onions and Green Peppers Salsa Fiesta Rice Mexicali Corn Fresh Assorted Fruit	That's Italian Spaghetti Homemade Marinara Meatballs Garlic Bread Caesar Salad Orange Wedges	Farmhouse Delight Roasted Chicken Country Mashed Potatoes Local Corn on the Cob Warm Baked Roll Blueberry Crisp 	Fresh Picks Pizza Cheese Pizza or Chef's Topping Broccoli Tops w/ Ranch Fresh Mac Apple
Monday 9/6/10	Tuesday 9/7/10	Wednesday 9/8/10	Thursday 9/9/10	Friday 9/10/10
Labor Day No School	Welcome Back BBQ Grilled Hamburger or Hot Dog on a Bun Cheese, Lettuce, Tomatoes, Pickles Café Pasta Salad Fresh Garden Salad Watermelon Wedge.	The Impastable Dream Piping Hot Homemade Macaroni & Cheese Parmesan Roll Heart Healthy Salad Fresh Mac Apple	Yankee Peddler Turkey Pot Pie w/ Peas & Carrots Biscuit Mashed Potatoes Pineapple Coleslaw Orange Smiles	Fresh Picks Pizza Cheese Pizza Or Chef's Topping Garden Salad Raisins
Monday 9/13/10	Tuesday 9/14/10	Wednesday 9/15/10	Thursday 9/16/10	Friday 9/17/10
New Englander Homemade Shepherd's Pie Warm Baked Roll Green Beans Fresh Orange Segments	Kansas City BBQ BBQ Pulled Pork On Wheat Bun Roasted Local Garlic Potatoes Kansas City Slaw Watermelon Wedge	Italian Street Fest Luigi's Pasta Bar Spaghetti w/ Homemade Meat Sauce Garlic Bread Steamed Fresh Broccoli Fruit Pandowdy	Mexican Independence Day Chicken Taco Boat w/ Chopped Lettuce, Tomatoes, Sour Cream Spanish Rice Baked Pears	Fresh Picks Pizza Cheese Pizza Or Chef's Topping Carrots Sticks w/ Ranch Dip Fresh Mac Apple
Monday 9/20/10	Tuesday 9/21/10	Wednesday 9/22/10	Thursday 9/23/10	Friday 9/24/10
Build It Bar Local Baked Stuffed Potato w/ Homemade Chili Cabot Cheddar & Sour Cream Sweet Potato Biscuit Steamed Broccoli Assorted Fresh Fruit	Fresh Picks Tossed To Order Buffalo Chicken Caesar Salad w/ Warm Pita Bread Roasted Potatoes Peaches Farm to School Taste Test Local Summer & Zucchini Squash	Little Italy Homemade Baked Ziti in Meat Sauce Garlic Roll Fresh Garden Salad Blueberry Cup	First Day of Autumn Roast Turkey & Apple Stuffing Mashed Sweet Potatoes Squash Valley Zucchini Apple Crisp	Fresh Picks Pizza Cheese Pizza Or Chef's Topping Veggie Sticks w/ Ranch Dip Fresh Orange Smiles
Monday 9/27/10	Tuesday 9/28/10	Wednesday 9/29/10	Thursday 9/30/10	
The Chicken Coop Chicken Nuggets w/ BBQ Sauce Seasoned Rice Garlic Bread Baby Carrots Fruit Cocktail	Diner Days Homemade Baked Meatloaf Roasted Garlic Potatoes Green Beans Wheat Roll Strawberry Cup	No School Teacher in Service Day	Farm to School Soup Day Homemade Veggie Soup Ham & Cheese Wrap Veggie Sticks Fresh Local Apple	WE USE LOCAL HYDROPONIC TOMATOES IN OUR SALADS! 



Fresh Made Deli Sandwiches
 Served with two nutritious sides and Farm Fresh Milk.
 Monday: Ham and Cheese
 Tuesday: Deli Turkey
 Wednesday: Egg Salad
 Thursday: Italian Sub
 Friday: Tuna Boat



Specialty Entrée salad is offered daily with fresh baked bread or Greek Pita and farm fresh milk
 Mon-Chicken Caesar
 Tues-Ham & Cheese Chef
 Wed-Ranch Chicken
 Thurs-BCLT
 Fri-Tuna Dill Salad

Also Offered Daily
 Fruit & Yogurt Parfait

Any Questions or Comments, Please Contact Your Food Service Director Nola Corbeil at 802-257-3322

Café Services is a Proud Sponsor of the VT Farm to School Project. We Buy Local First These are just some of the farm partners we would like to thank: The Walker Farm, Lilac Ridge Farm, Saxton River Orchard, The Dutton Farm, The Miller Farm, Four Corners Farm, Green Mountain Orchards, Vermont Bread, Grafton Village Cheese.