



# Academy School February 2012



This month we are  
Featuring:



**Sweet Potatoes**  
Featured Day 2/7/12  
These are just some of the farm partners we would like to thank:  
The Walker Farm  
The Dutton Farm  
Piccadilly Farm  
Harlow's Farm  
Old Athens Farm  
Green Mountain Orchards

**Local Beets**  
See The Different Ways Beets are on the Menu.  
Farm to School Taste Test  
2/14



| Monday 1/30/12   | Tuesday 1/31/12  | Wednesday 2/1/12  | Thursday 2/2/12  | Friday 2/3/12  |
|--|--|---|--|--|
|  |  | <b>Mangia Mangia</b><br>Baked Rotini w/<br>Meat Sauce<br>Garlic Bread<br>Caesar Salad<br>Sliced Peaches                       | <b>All American</b><br>Cheeseburger<br>on a Bun<br>**Oven Fries<br>Veggie Sticks w/ Dip<br>Spiced Apples   | <b>Fresh Picks Pizza</b><br>Cheese Pizza<br>Garden Salad<br>Raisins                |
| Monday 2/6/12  | Tuesday 2/7/12   | Wednesday 2/8/12  | Thursday 2/9/12  | Friday 2/10/12   |
| <b>Mucho Grande Monday</b><br>Nachos Grande<br>w/ The Works!<br>Fiesta Rice<br>Sweet Corn<br>Cinnamon<br>Apple Sauce         | <b>Hot Diggity Dog Day</b><br>Hotdog in a Bun<br>BBQ Baked Beans<br>**Sweet Potato Fries<br>Fruit Cocktail   | <b>That's Italian</b><br>Spaghetti and Meatballs<br>Garlic Bread<br>Garden Salad<br>Pears                                     | <b>Colonels Fav</b><br>Crispy Chicken Patty<br>on a Bun<br>**Oven Roasted Garlic<br>Potatoes<br>Garden Salad w/ Fresh<br>Salad Greens<br>**Fresh Mac Apple | <b>Fresh Picks Pizza</b><br>Pepperoni Pizza<br>Veggie Sticks /Dip<br>Orange Smiles |
| Monday 2/13/12   | Tuesday 2/14/12  | Wednesday 2/15/12   | Thursday 2/16/12   | Friday 2/17/12   |
| <b>Sub Station</b><br>Hot Italian Meatball Sub<br>**Spicy Oven Fries<br>Garden Salad<br>Sliced Peaches                       | <b>Valentine's Lunch</b><br>Love Me Tender<br>Chicken<br>Dipping Sauce<br>Romantic Rice<br>Cupids Sweet Peas<br>Wheat Roll<br>Sweetheart<br>Berries 'n Cream<br>Farm to School Taste<br>Test | <b>Cheesy Macaroni!</b><br>Homemade<br>Macaroni & Cheese<br>Wheat Garlic Roll<br>Green Beans<br>Fresh Orange<br>Wedges        | <b>Farm to School Soup Day</b><br>**Two Potato Corn<br>Chowder<br>Ham & Cheese<br>Sandwich<br>**Roasted Winter<br>Beets<br>**Local Apple                   | <b>Fresh Picks Pizza</b><br>Cheese Pizza<br>Garden Salad<br>Asst. Fresh Fruit      |
| Monday 2/20/12   | Tuesday 2/21/12  | Wednesday 2/22/12   | Thursday 2/23/12   | Friday 2/24/12   |
| <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>  | <b>NO SCHOOL</b>   | <b>NO SCHOOL</b>   |
| Monday 2/27/12   | Tuesday 2/28/12  | Wednesday 2/29/12   |  |  |
| <b>Hot Diggity Dog!</b><br>Hot Dog In A Bun<br>Potato Puffs<br>Sweet Green Beans<br>**Pickled Beets<br>Oatmeal Raisin Cookie | <b>Southern Style</b><br>Barbequed Beef on a<br>Roll<br>**Roasted Sweet<br>Potatoes<br>Broccoli Tops w/ dip<br>**Fresh Mac Apple   | <b>Taste of Italy</b><br>Spaghetti w/<br>Homemade Meat Sauce<br>Fresh Baked<br>Garlic Bread<br>Tossed Salad<br>Fruit Cocktail | <b>Menu Subject to<br/>change due to<br/>availability</b>  | "This institution is an<br>equal<br>opportunity<br>provider."                      |



**Fresh Made Deli Sandwiches**  
Served with two nutritious sides and Farm Fresh Milk.  
Monday: Ham and Cheese  
Tuesday: Deli Turkey  
Wednesday: Italian Sub  
Thursday: Hummus Wrap  
Friday: Tuna Boat

**PB&J OFFERED DAILY**



**A Garden Chef Salad**  
Is offered daily and served with whole wheat roll and Farm Fresh Milk

**FRUIT & YOGURT PARFAIT OFFERED DAILY**



**Friday is Pizza Day!**  
Whole wheat pizza dough topped with low fat pizza cheese. Served with nutritious sides and milk.



Any questions or Comments,  
Please contact your  
Food Service Director  
Nola Corbeil @802-257-3322

Café Services is a Proud Sponsor of the VT Farm to School Project. We buy Local First.



Farm Fresh Milk is Served with Every Meal.